

2023 ONTARIO JUNIOR LIFESAVING CHAMPIONSHIPS – WATERFRONT

Registration Package

The Lifesaving Society invites you to the Ontario Junior Lifesaving Championships – Waterfront hosted by the Saugeen Shores Lifesaving Club and the Town of Saugeen Shores

- DATE** August 18-19, 2023
- LOCATION** Port Elgin Main Beach, 100 Green Street, Port Elgin & Southhampton Beach, 49 High Street, Southhampton. See www.lifesavingsociety.com for map.
- COMPETITION** The competition is sanctioned by the Lifesaving Society. Event rules will be in the accordance with the 2022 Edition of the *ILS Competition Rule Book*, the 2020 Edition of the *Ontario Competition Manual* and any 2023 Communiqués. See www.lifesavingsociety.com for details.
- ELIGIBILITY** Competitors shall:
- Hold a Lifesaving Society award or be a member of a Lifesaving Club or be registered in a Lifesaving Society training program
 - Meet the Lifesaving Society's Canadian Swim-to-Survive® standard (roll entry, tread water for 1 min. and swim 50 m)
 - Be at least 7 years of age but less than 14 years of age by August 18, 2023.
- AGE GROUPS** 3 categories: 9 years & under, 10 & 11 yrs., 12 & 13 yrs. **See Senior package for 14-16 yrs.**

PROGRAM OF EVENTS

	Divisions		
Individual Events	9 yr. & Under	10 & 11 yr.	12 & 13 yr.
Beach Flags	15m	15m	20m
Beach Run	500m	500m	1000m
Beach Sprint	50m	50m	70m
Board Race	200m	200m	300m
Junior Iron Guard	100Sw/400R/200B	100Sw/400R/200B	200Sw/600R/300B
Surf Race	100m	100m	200m
	Divisions		
Team Events	44 years or less	64 years or less	
Beach Relay	4x50m	4x70m	
Team Events	33 years or less	48 years or less	
Board Relay X3	200m	400m	

- ENTRY DEADLINE** **Registration must be received by Wednesday, August 2, 2023.** Refunds will not be issued after August 2nd, nor will they be issued for clubs or competitors who do not show up for the Championships.

ENTRY FEES

Competitor Fee

\$75 / competitor

ACCOMMODATION

Quality Inn, 100 North Rankin Street, Southampton, 519-483-3333. Reserve your room [online](#) or call the hotel directly (please specify **Lifesaving Society** when booking). Group rate: \$229.00 for Thursday night and \$299.00 for Friday and Saturday plus tax – 2 Queen beds – 2 adults, extra adults \$10, children free. **Booking deadline Monday, July 31, 2023.**

REGISTRATION

Send registration form with method of payment – cheque (payable to the Lifesaving Society), money order, purchase order, VISA, American Express or MasterCard – to:

Lifesaving Society

Attention: 2023 Competition Registration

400 Consumers Road, Toronto, ON M2J 1P8

Phone: 416 490 8844

Fax: 416 490 8766

Email: sport@lifeguarding.com**2023 ONTARIO JUNIOR LIFESAVING CHAMPIONSHIPS – WATERFRONT SCHEDULE**

Friday, August 18, 2023 – Port Elgin Beach – Senior/Masters/Juniors	
7:15 am Officials Meeting	7:45 am Opening Ceremonies
Events start at 8:00 am (2 water courses)	
Junior	Senior/Masters
Junior Iron Guard (P-F)	Surf Ski Race (P-F)
Board Race (P-F)	Surf Race (P-F)
Surf Race (P-F)	Board Race (P-F)
Board Relay (P-F)	Board Rescue (P-F)
	Rescue Tube Rescue Relay (P-F)
<i>*Awards will be presented at the mid-day lunch break and end of day</i>	
Saturday, August 19, 2023 – Southampton Beach – Senior/Masters/Juniors	
7:15 am Officials Meeting	
Events start at 8:00 am	
Junior/Masters	Seniors
Beach Run (P-F)	Beach Run (P-F)
Beach Flags (P-F)	Beach Sprint (P-F)
Beach Sprint (P-F)	Beach Relay (P-F)
Beach Relay (P-F)	Beach Flags (P-F)
<i>*Awards will be presented at the mid-day lunch break and end of day</i>	

PLEASE NOTE: An equipment pool will not be provided for competitors. Athletes are encouraged to make arrangements prior to the competition to ensure they have craft. Boards are available to rent from the Lifesaving Society.

Rental of equipment can be arranged in advance for the competition, shipping to and from beach will be included.

Intermediate Foam Racing Board \$ 100.00

Racing Boards (Senior Small/Medium) \$ 200.00

To arrange your rental, contact Renata Jaciw-Zurakowsky at renataj@lifeguarding.com.

Equipment is rented on a first come, first serve basis and applicable taxes will apply.

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Please use one form for each club (Type or BLOCK letters only).

Club or Affiliate		
Mailing address		Apt or Suite
City	Province	Postal Code
Coach Name		() Home/cell phone
Email (that will be checked regularly in the week preceding the championship)		() Business Phone
Note: Each completed registration must include the following forms: Registration with payment & Event Entries. Payment/method must be received in advance in order to participate in the championships.		
Competitor fee		@ \$75 / competitor =
TOTAL AMOUNT OWING		
Payment		
<input type="checkbox"/> Cheque	<input type="checkbox"/> Money order	<input type="checkbox"/> Visa
<input type="checkbox"/> MasterCard	<input type="checkbox"/> AMEX	<input type="checkbox"/> P.O. #
Credit Card #	Expiry Date	
Card holder name		Card holder signature

Mail, fax or email to:
Lifesaving Society
Attention: 2023 Competition Registration
400 Consumers Road
Toronto, Ontario M2J 1P8
Fax 416 490 8766
Email: sport@lifeguarding.com

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Statement of Release

Please read carefully

1. Conduct

By participating, all agree to abide by the rules, regulations and code of conduct of the championship, and further to behave in a manner consistent with ideals of good sportsmanship.

2. Voluntary Assumption of Risk

All participants recognize that there are certain risks inherent in the activity as a result of factors including but not limited to, stress, number of people, water temperature and conditions. All participants agree they have prepared themselves for the competition and know of no factor or condition which should be disclosed to the organizers or which would make it unsafe for them to compete. All participants voluntarily assume all risks, both physical and legal including but not restricted to, loss of or damage to property, and personal injury including permanent disability or death.

3. Waiver of Liability

As a condition of entry and in consideration of an application as an individual or as a part of a team being accepted, all participants hereby waive their right to make any claim, whether for negligence or otherwise against the Lifesaving Society, the host, the facility operator, owner or occupier, the sponsors, the organizing committee or any of the servants, agents, affiliates, volunteers, judges, officials or other persons involved in the organization or running of the competition, events or associated activities. All participants further agree to indemnify and hold harmless all of the above, from any claim made on their behalf or as a result of injury to their person or property. All participants recognize they are responsible for their own medical coverage.

4. Model Release

All participants transfer to the Lifesaving Society all rights whatsoever which they have in photographs and/or videos which photographers may have taken. All participants consent to the use of the photographs/videos, the publishing of their name for all purposes whatsoever, including without limitation, television, publications, and any trade or advertising purposes.

By participating, all participants admit to have carefully read and understood the four conditions of entry and in consideration for being allowed to compete, they have executed them voluntarily intending to be bound thereby and intending these conditions to be binding of their heirs, personal representatives and assigns.

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Competitor Registration

Use a separate sheet to register athletes for each age group. Athletes on this page are registering in the following (select ONE only):

☐ 9 yrs. & under ☐ 10 & 11 yrs. ☐ 12 & 13 yrs.

Clubs may enter unlimited number of competitors in each event. Competitors are allowed to enter each event only once.

<i>Competitor Name</i>	<i>Age</i>	<i>Gender (as identifies)</i>	<i>Birthdate (yy/mm/dd)</i>
		M F	
		M F	
		M F	
		M F	
		M F	
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